LUNCH

MARCH 2024 ALBERT GALLATIN MIDDLE SCHOOL

Daily Alternate Entrée Choices Include: Chicken Sandwich, Cheeseburger, Pizza, Salad w/ Chicken, Chef Salad, Uncrustable



All students receive a complimentary lunch daily. Choices include: <u>MILK</u>: FF Chocolate, FF Vanilla, FF Strawberry, or 1% White. <u>ASST. Fruit & Veggies</u>: (take up to 2 fruits & 2 Veggies) Apple, Orange, Banana, Asst. Canned & other fresh fruit as available, Baby Carrots, Broccoli, Chick Peas, Grape Tomatoes, Romaine Salad, Cucumber Slices, & Asst. Other Veggies as available. <u>Grains/ Breads</u>: 80% of all grain items are "whole grain rich", per USDA regulations. To qualify as a free lunch, students must take 3, 4, or 5 items, (Meat/ Meat Alternate, Grain/ Bread, Vegetable, Fruit, Milk) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Southeastern Greene School District is an equal opportunity provider and employer.